

Alcohol Infographic

ALCOHOL USE among 12-20 year olds

35%

of New Hampshire
12-20 year olds
report drinking
alcohol in the
past 30 days

Comparison:
25% Nationally
29% Northeast

BINGE DRINKING (5 or more drinks in a row within 2 hours)

New Hampshire ranks **2nd in the nation**
for binge drinking among 12-20 year olds



23%

of New Hampshire
12-20 year olds
binged in the
past 30 days

Comparison:



15.5%
Nationally

18%
Northeast

Source: 2012 National Survey on Drug Use and Health (NSDUH).

NH Youth: First time alcohol use

When asked:
How old were you when
you had your first drink
of alcohol other than a
few sips?



11.9%

responded
12 or younger

20.9%

responded
13 or 14

21.3%

responded
15 or 16

4.7%

responded
17 or older

Source: 2013 Youth Risk Behavior Survey.

72.4%



Only 72.4% of NH teens
think their parents
would strongly
disapprove of them
having one or two
drinks of an alcoholic
beverage nearly
every day

90.5%



Comparison:
90.5% of teens
nationally reported
the same



Source: 2013 Youth Risk Behavior Survey.



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